## Just-So Intro A



## Movement

Max Mark

		// //www.salana	
1.	Α	Enter in working trot and proceed down the centre line without halting	
	С	Turn left	10
2.	HEKA	Working trot	10
3.	Α	Serpentine 3 loops down the arena finishing at C	10
4.	Between C & H	Medium walk	10
5.	HBF	Free walk on a long rein	10 x 2
6.	F A	Working trot Circle right 20m	10
7.	AK Between	Working trot	
	K & E	Medium walk	10
8.	E X B	Turn right Halt. Immobility 5 seconds Proceed in medium walk Turn left	10
9 Between			
9	M&C Working trot		10
10.	EX XB	Half 10m circle left Half 10m circle right	10
11.	Between B & F	Working trot	10
12	A G	Turn down the centre line Halt, immobility, salute	10
Collectives13.Straightness on centre line and in gaits (freedom and regularity).			10 x 2
14.	<ol> <li>Impulsion (desire to move forward with suppleness of the back and steady tempo).</li> </ol>		10 x 2
15.	15. Submission (acceptance of steady contact attention and confidence).		10 x 2
16.	8. Rider's position (keeping in balance with horse).		10 x 2
17.	Rider's effectiveness of aids (correct bend and preparation of transitions).		10 x 2
18.	. Geometry and accuracy (correct size and shape of circles and turns).		10 x 2